



**Deutsche  
Sporthochschule Köln**  
German Sport University Cologne

Institut für Kreislaufforschung  
und Sportmedizin

**Deutsche Sporthochschule Köln**  
**German Sport University**  
**Cologne, Germany**

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Univ.-Prof. Dr. med. Hans-Georg Predel, MD  
Internal Medicine and Sports Medicine  
Full Professor for preventive und rehabilitative Sportsmedicine  
Director of the Institute of Cardiology and Sportsmedicine  
German Sports University, Cologne

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Date of Birth August 4th., 1959  
Place of Birth Wiedenbrügge / Landkreis Hannover

### **Academic Background**

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1978 –1984 Medical School Aachen and Bonn, Germany  
1985 –1985 MD, Approbation and Medical Thesis  
01/1985 ECFMG – US Medical Exam  
1984 – 1985 Internship at the University Hospital, Zurich, Switzerland  
1985 – 1990 Resident at the University Hospital Bonn (Internal Medicine and Cardiology)  
1990 – 1992 Research at the Univ. of California, San Francisco / Stanford, USA (Profs. J. Baxter, D. Gardner) and University Hospital Basel, Switzerland (Prof. F. Bühler).  
since 03/1992 Chief Resident at the Institute of Cardiology at the German Sports University  
07/1998: PHD in Sports Medicine  
since 2001 Full Professor and Head of the Institute of Cardiology at the German Sports University  
2002 - 2008: Vice President of the German Sports University  
2007: President of the 40<sup>th</sup> Congress of the German Society of Sportmedicine  
Since 2009: Medical Coordinator of the German Sports University  
2011: President of the scientific Congress of the German Society of Hypertension and Prevention

### **Academic Memberships**

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- European Society of Cardiology - Member of the Scientific Committee
- European College of Sports Sciences
- German Society of Internal Medicine
- German Society of Sports Medicine
- German Society of Hypertension



## **Research Activities**

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- Role of physical activity in the prevention and rehabilitation of cardiovascular and metabolic diseases
- Injury Prevention and topical therapy of sports related injuries
- Interactions of physical activity with pharmacotherapy
- Gender specific aspects of physical activity
- Physical activity and high performance exercise in childhood and adolescence
- Biological adaptations in high performance athletes

Cologne, Dec. 2015